

20th Issue!! **FuchsiaStars** Lunar Notes © 2004 February 1, 2004

Hi again!

Welcome back to the 20<sup>th</sup> issue Lunar Notes! Lunar Notes is a free monthly e-Newsletter that discusses the cycle of the Moon as well as the symbolism of the New and Full Moon, Eclipses and other significant planetary aspects during the upcoming month. Relationship issues are discussed under the **Soul Mates/Relationship Section**. If you missed the 1<sup>st</sup> Issues of Lunar Notes you can locate them on my websites: [www.KarmicAstrology.tv](http://www.KarmicAstrology.tv) or [www.FuchsiaStars.com](http://www.FuchsiaStars.com) Anyone wishing to subscribe to this newsletter may do so by submitting your e-mail address through Yahoogroups.com and you will automatically be subscribed to Lunar Notes or you may send a blank e-mail to [FuchsiaStars@aol.com](mailto:FuchsiaStars@aol.com) and write the words "Subscribe Lunar Notes" in the subject heading of your mail.

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A few weeks ago I received some sad and alarming news from my daughter. A boy name Sean Quigley, age 14, decided to take his own life. News of this devastating event spread quickly in my hometown of Manalapan, NJ. Kids today are so amazing and swift with their computer skills. Websites were furiously generated online and devoted to this young boy, created by his friends and classmates. My daughter forwarded one of these websites to me and I nearly froze in my own grief while viewing a website devoted to him. A very eerie feeling overwhelmed me. This particular website is linked to Sean's online Personal Journal, copied for you here.

[Click here: in loving memory of sean quigley \\* missed forever](http://www.hometown.aol.com/~121b_fg8PCX1pLCmKjWcV758BD6s+L7C9yfSi)  
[http://www.hometown.aol.com/~121b\\_fg8PCX1pLCmKjWcV758BD6s+L7C9yfSi](http://www.hometown.aol.com/~121b_fg8PCX1pLCmKjWcV758BD6s+L7C9yfSi)

This is one of the sites dedicated to the little boy Sean Michael Quigley who took his own life on Saturday January 10th 2004 in Manalapan New Jersey.□

I don't know this child personally but I remembered his face in the Middle School yearbook from the previous year. That photo showed the face of a happy, sweet and sensitive boy. I'm not sure what happened to him during this past year but the photos of him on this website look haunting and sad and that something went terribly wrong for him. Fourteen year olds don't commit the act of suicide without some external event shattering their sense of self.

Sean was born October 1, 1989, in NJ. Astrologically, age 14 is a time that transiting Saturn (karma, restrictions, authority, the father, boundaries, lessons) makes an opposition (180 degrees) to natal Saturn. Sean did indeed experience his Saturn opposition. Casting a noon chart, transiting Pluto (obsessions, control, death) squared his natal Mercury (thoughts) on and off the past year and darkness pervaded his thoughts. Transiting Mars (men and anger) was in square (tense aspect) to natal Chiron (wound) as well as an opposition

to natal Mars. There was so much activity in this boy's chart that I don't know how anyone could have missed the obvious changes and challenges this poor boy experienced. My heart goes out to his spirit and to his friends and those who loved him and wish this unfortunate event worked out differently.

Could it be any harder...  
to say goodbye.. I'm without you,  
Could it be any harder to watch you go,  
to face what's true.  
If I only had one more day...

I lie down and blind myself with laughter...  
A quick fix of hope is what I'm needing.  
And now I wish that I could turn back the hours...  
But I know I just don't have the power.

I wish you didn't go,  
I wish you didn't go,  
I wish you didn't go away...  
To touch you again...  
With life in your hands...  
It couldn't be any harder.

Could it Be Any Harder - The Calling

Sean Michael Quigley October 1, 1989 - January 10, 2004  
Rest In Peace

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**Happy Birthday Aquarius the Water Bearer!** For those born from January 20 - February 19! Key Phrase for Aquarius is **"I KNOW"**

Aquarius is a Fixed (settled, stubborn), air (thought and intellect) sign located in the Eastern Hemisphere of the chart. Aquarius governs the 11<sup>th</sup> house of the natural zodiac. The 11<sup>th</sup> house involves areas of our life such as friendships, organizations, associations, clubs, our hopes and wishes, finances of the employer, our mother's money (it's the 2<sup>nd</sup> house from the 10<sup>th</sup>) as well as counselors, acquaintances and Astrologers. Aquarians are considered the entrepreneurs and philanthropists of the zodiac. You are rebellious, eccentric and humanitarian. Aquarius in health issues relates to the ankles, calves and nervous system. Illnesses may develop in the central nervous system when Uranus transits make difficult angle/aspect connections in your birth chart. (conjunction, square, opposition and quincunx)

Your ruling planet is the erratic and unpredictable planet Uranus. In traditional astrology, Uranus is considered to be a derelict because he brings sudden, unexpected change into your life. Think of the Tower in the Tarot Deck. When Uranus transits our chart he usually brings some kind of catastrophic change to our lives. If you have Uranus strong in your

birth chart, you may be drawn to the unusual, creative, non-conforming or the anti-establishment. Aquarians are known for their inventiveness, being a little "off the top" and have no interest in convention. Uranus rules electricity, the Internet and yes, Astrologers! Some people think Astrologers are a little "weird"!! It's not that we are, you know, it's just that we have a unique way of looking at the world and others. I should say, we are not afraid to see or speak the truth! Because Aquarian's are so "quirky" they may have a sense or feeling of being outcasts or even adopted by their family of origin. They don't always feel they fit in.

The sign of Aquarius, ruled by Uranus, reside in the 11th house of the zodiac. The 11<sup>th</sup> house is typically linked to friends, organizations, clubs and organizations, hopes and wishes, the mother's money (it's the 2<sup>nd</sup> from the 10<sup>th</sup>), finances of the employer and step children (7<sup>th</sup> from the 5<sup>th</sup>). Uranus is "electric" and rules the nervous system and the ankles/lower calf. Even the astrological glyph for the sign of Aquarius resembles electric waves. Other health issues to watch during a Uranus transit affecting your birth chart might manifest in nervous energy, sciatic pain, ankle or calf cramps, edginess and nervous irritability and tension.

When Uranus transits in our birth chart and makes a 180 angle with our natal Uranus at approximately age 41-43, we have what is called our Uranus Opposition, or one of our Mid-life crises. Kundalini energy forces expression during this time. During this time we have the need to break free from the status quo. Marriages and relationships come up for review and/or undergo tremendous changes or end completely. Sometimes a marriage will take place while other relationships end or the dynamics change. We may encounter different types of people and associate with others of a different background, culture or than what we are usually comfortable or accustomed with. We seek new experiences and have no desire to be tied down. Any attempt to limit ones individuality will be fought will intense rebellion.

Aquarian, Uranian energy thinks "out of the box". They are our iconoclasts, futurists and inventors.

I'd love to tell you, stay inside the lines.  
But something's better on the other side.

– John Mayer - No Such Thing - Room for Squares CD

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### **THE TOWER Card - Number XVI - 16**

The Tower card in the Tarot deck is card #16 and symbolizes sudden destruction in our lives. The lightening bolts striking the crown of the tower represents sudden change and events in our lives that we were not prepared for. Change always inspires growth and transformation after the reality and acceptance of those changes is accepted. Reorientation to these changes and challenges is important and the need to realize that the status quo is an "illusion" we create. Nothing remains the same.

The Tower is typically symbolic of the planet Mars, but I always equate this card with Uranus' electrical, lightning response and the impact of sudden awareness in our psyche. It's the "a-ha" card in the Tarot deck.

When Uranus transits your birth chart or if Uranus is significantly placed in your chart, you may experience nervous energy and events may suddenly and unexpectedly unfold in your life.

**Famous Aquarians:** Happy Birthday to Comedian George Burns, and Film Director David Lynch, January 20<sup>th</sup>, Opera Star Placido Domingo and Actress Geena Davis, January 21<sup>st</sup>, Actor Humphrey Bogart, January 23<sup>rd</sup>, Singer Eartha Kitt, and Guitarist Eddie Van Halen, January 26<sup>th</sup>, Composer and Pianist Wolfgang Amadeus Mozart, January 27<sup>th</sup>, Oprah Winfrey, January 29<sup>th</sup>, Actor Clark Gable, February 1<sup>st</sup>. British Psychologist Havelock Ellis, February 2<sup>nd</sup> and Aviator Charles Lindbergh, February 4<sup>th</sup>.

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**Tarot Card # 17 XVII - The Star - Symbolic of Aquarius**

In the Rider Waite version, you see the body of a naked woman holding an urn in each hand. One urn pours water onto the land (material world) while the other into a pool of water (spirituality). One of her feet is planted firmly on the ground while the other grazing the surface of the pool. Her nakedness symbolizes acceptance of her self while the pouring of water symbolizes the quest for balancing both our spiritual and material needs.

Card 17 reduced, equals the number 8. Eight is the number of power and authority signifying success and material fortune. Above her head are 8 stars, 7 smaller stars and one large bright star in the center. Stars symbolize the guiding light within all of us that knows that we are protected "under the stars". We need to see the light within ourselves to be "enlightened". This means that you need to let go of your inhibitions (nakedness) and open yourself up to your own truth.

Negatively, and all cards have a positive and negative influence, perhaps in your reading this is interpreted as a shutting off of your spirituality or love for another. Perhaps too much self-love becomes narcissistic or this is person always searching or looking towards the distance star or the long-lost love. Then the need to stop dreaming and "manifest" your reality is the message. We do this by permitting the "natural" flow of emotions to thaw rather than having them freeze up. Sometimes we freeze our emotions as a defense mechanism so that no one will hurt us. Defense mechanisms are discussed below in the "Relationships" section of this newsletter.

The Symbol of "The Star" may appear in a reading during a time when spiritual or emotional healing is necessary and to see that we are pure and good under the light of the shining stars above. As above, so below...the stars above mirror the light within each of us.

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**REST AND CLEANSING MOON (Otter)**

In Native American Astrology, those born from January 20<sup>th</sup> - February 18<sup>th</sup> are born under the Rest and Cleansing Moon and their animal totem is the Otter. Their color is silver and silver is also their totem in the mineral kingdom. There are of the Butterfly Elemental clan.

The color silver is thought to have magical properties and that "it is the silver chord that holds the soul to the body". - Medicine Wheel Astrology. Otter people are usually very intuitive and have the capacity to become telepathic more easily than most. They are the visionaries and love heated discussions and intellectual debate.

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### **EROS - ASTEROID #433**

Discussion of the month of February would not be complete without having discussed a couple of asteroids that relate to our "lovers" holiday - Valentine's Day!

"Eros has sex for the intimacy and power it brings and for the potential to transform by touching the divine soul of another, **at whatever cost.**" - Kim Falconer's article in Dell Horoscope. It is Eros who soars all over the earth, equipped with his bow and arrow, "bewitching" all the arrow strikes. The symbolism is such that erotic love and passion strikes us when we least expect us. The way we respond to these sudden feelings are dependent on our temperament and how evolved we are. Do our lives become chaotic and unpredictable? Do we become obsessed and possessed by these passions? When Eros transits our birth chart, it may indicate areas of our lives where erotic love and passion may awaken and have the power to transform us.

Martha Lang-Wescott, in her book *Mechanics of the Future - Asteroids*, says this of Eros: "Eros represents what turns us on and defines sexual interest. It is the essential element of the survival instinct, and for this reason, it is often prominent in death charts when the "drive to love" is shadowed by transit and/or directions or progressions.

Do you know where Asteroid Eros is located in your birth chart? In synastry; chart compatibility, if your Eros is conjunct or opposite your partners, Moon, Venus, Mars, Jupiter, Neptune, Uranus, Pluto or their Name asteroid (yes, most of us have an asteroid named after ourselves!) this will prove another indication of erotic/sexual attraction/love.

On February 14<sup>th</sup>, asteroid **Eros** will be transiting 10 Aquarius 38.

" Passion, desire so intense, I can't take anymore  
because....I feel the magic all around you,  
it's bringing me to my knees,  
like a wannabe,  
I've got to be chained to you...."  
Darren Hayes - Savage Garden - Chained to You

## VALENTINE - ASTEROID # 447

As synchronicity would have it, Valentine is asteroid number 447. In numerology, this number adds up to the number 6! (4+4+7=15 or 1+5=6) The number 6 just happens to be the Lovers Card in the Tarot deck and symbolic of compassion and service and often the "soul mate". Astrologically, asteroid Valentine has a strong relationship to the 7<sup>th</sup> house of one-to-one relationships. These aren't only "love" relationships and can indicate business partnerships, open enemies in a law suit. ie: the other lawyer.

When we were children, we would often send those cute little "Valentine's" in the shape of a heart to the one we desire and love. Asteroid Valentine can indicate something we send to another or receive from another ie: letters, legal documents or even junk e-mail!

Where is asteroid Valentine located in your birth chart?

Transiting **Valentine** will be at 3 Cancer 20 retrograde (rx) on Valentine's Day, February 14, 2004.

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### February, 2004

**February 4, 2004 - Mars enters fixed earthy Taurus** - Mars in Taurus is slow to warm up yet once it gets itself in gear it is steady, hardworking and resourceful. Taurus is Venus ruled. Mars in the sign of Taurus is similar to having Venusian energy superimposed in Mars. Think Venus/Mars or Yin/Yang.

**February 14, 2004 - Happy Valentines Day!!** Venus, planet of love, beauty, security and values squares (tension) both Saturn (commitment, boundaries) and Juno (dutiful wife) is not especially fruitful.

**February 6: Full Moon at 16 Leo 54** - A full moon is a culmination of energy and in the sign of Leo it is proud and regal.

Emotions, thoughts of family and children and your home may overwhelm you during this full moon. Watch the emotional "tides". Please take notice of crazy drivers on the road and try to not drive too quickly!

**February 8, 2004: Mercury enters Aquarius** through February 26 and changes signs to 00 Pisces on that date..

**February 9, 2004: Venus in Pisces enters 00 Aries** - Venus in Pisces felt comfort and ease with emotions. Freedom to express feelings and sympathy was strong. When Venus enters fiery, cardinal Aries, she heats up and becomes more assertive and dynamic. Venus in Aries wants some action and wants it "now" and won't take no for an answer ☺

**February 20, 2003 - Sun enters Pisces** - Happy Birthday Pisces! Pisces is mutable (adaptable and uncertain) water (emotions, compassion). We will look forward to discussing the sign of Pisces in the next issue of Lunar Notes.

**February 20, 2004 - New Moon - 01 Pisces 04'**. New Moon is always a good time to start a new project or work on areas of your life you've let pass. In Pisces you may want to focus on giving a little compassion to yourself, paying attention to your dream life, fantasy, illusions we have about yourself or others.

**Jupiter still retrogrades (rx)**. Jupiter starts the month at 17 Virgo 40' and ends up at 14 Virgo 30'. With Jupiter in Virgo, we may take a step back and be more discerning in our expansiveness. Our pleasures may be more reserved, tempered or serious. Inner spiritual growth rather than outer growth is the key. We may not feel as "lucky" with Jupiter retrograde. Jupiter in Virgo is much more practical and realistic than when in the sign of Leo. All of the Virgos out there should be receiving some nice benefits with Jupiter in Virgo transiting your Sun...try to not don't over due it!

**Saturn still retrogrades through March 7, 2004** - Saturn turned Retrograde at 13 Cancer 14' and its current degree is 07 Cancer 25'. Saturn in Cancer is all about our physical structures, restrictions and limitations as well as boundaries. Saturn is also about our commitments to our personal structure. In relationships, while Saturn is retrograde (backward motion) Saturn wants us to rethink and finish up any obligations or promises we have made that do not suit our purpose. If commitments made are no longer working then its time to set limits set boundaries about what we expect. If a relationship is not working, this is the time to let it go. Saturn ends up the month at 06 degrees Cancer 20.

**Uranus in Pisces** - Uranus the month at 01 Pisces 35' and will end the month at 03 Pisces 11'. Compassion and sympathy for the underdog is possible. Unique water systems are likely to be developed. Issues concerning our waters/oceans and sea life may be emphasized with Uranus in Pisces. Planets in Virgo are in opposition to Uranus in Pisces and there may be new health issues (Virgo) that surface in relationship to our drinking water (Pisces) or immune system.

**Neptune in Aquarius** - starts the month at 12 Aquarius 48' and ends up at 13 Aquarius 51'. If you have planets in conjunction (the same sign and approximately the same degree) opposition to this degree (Leo) or in square (Scorpio and Taurus) you will feel the illusive effects of Neptune's transit the most over time. A deeper understanding of what's underneath may come to the surface and your dream life may intensify during this time. The dissolution of boundaries and illusions or the uncovering of the truth will be revealed.

**Pluto in Sagittarius** - starts the month at 21 Sagittarius 29' and ends the month at 22 Sagittarius 47'. Whatever Pluto touches in your chart will leave an imprint in your psyche. Pluto is in a fire sign burning holes in belief systems that no longer suit our life purpose. Pluto is all about personal power and regeneration, throwing out the old and bringing in the new, oftentimes after a complete overhaul!

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## **SABIAN SYMBOL'S:**

For those of you unfamiliar with the Sabian Symbol, the original Sabian Symbols were written in 1931 by Marc Edmond Jones. Dane Rudhyar later revised the symbols and others have re-interpreted the symbols periodically. Lynda Hill writes one of my favorite modern interpretations. The basis of these symbols is derived from the 360 degrees in the zodiacal circle. Each sign of the zodiac: Aries, Taurus, Gemini and so forth, is comprised of 30 degrees. Since there are 12 signs in the zodiac, that would be 12 signs X 30 degrees = 360 degrees. There are 360 Sabian Symbols and each symbol coincides with and describes each degree of the zodiac. If you know your birth chart, utilizing these symbols for each of your planetary placements is rather telling and will provide you with greater insight into your own character traits and motivations.

## **FULL MOON February 6, 2004 - 16 Leo 54'**

With a Full Moon, we see a culmination or coming to a head the seeds planted during the previous New Moon cycle. Lunar ruled Cancer is usually more affected by a Full Moon and especially in her own sign. Since the February 6th Full Moon falls in the sign of Leo, this lunar energy will be emphasized. Cancer is a cardinal, water sign and resides in the 5th house of the natural zodiac, ruled by our Sun. Issues involving your children, creativity, gambling, romance and love affairs may be your focus. If this Full Moon conjuncts (same approximate degree) or opposes (180 degrees opposite) a natal planet, you will be more likely to experience the affects of this Full Moon in the area of life (houses) it is located in your birth chart.

## **SABIAN SYMBOL FOR 17 Leo:**

### **VOLUNTEER CHURCH CHOIR MAKES SOCIAL EVENT OF REHEARSAL**

A volunteer is one who provides a service, free of charge. In a Church choir voices join together to form in the expression of shared faith. Choir voices are joyful and spiritual. The throat chakra is exercised and voices are unified.

Mixing with others to contribute to the community is symbolized. Making the best of working situation and practice to improve quality is shown.

## **NEW MOON February 20, 2004 - 01 Pisces 04'**

New moon = New Beginnings. New Moons augur a time to start new projects. Seeds (ideas and positive energy) planted during a New Moon will culminate and flourish during the Full Moon.

Since Pisces rules the 12th house of the natural zodiac, this New Moon would be a good time to focus and visualize on these areas of your life. Focus may be you're your dream life, unconscious feelings, boundaries, illusions.

## **SABIAN SYMBOL for 2 Pisces:**

## A SQUIRREL HIDING FROM HUNTERS

Squirrels are so small in comparison to a hunter. Most hunters are not searching for squirrels yet this squirrel senses impending danger. Survival issues predominate. Caution and feelings of insecurity is indicated. He feels threatened and needs to hide away to feel safe. Perhaps this squirrel will wait until "the coast is clear" and resurface.

This may be a time to sort things out in your mind, alleviate your fears and ponder your next move.

Transiting Uranus is at 2 Pisces 42 conjunct the New Moon. Sudden revelations, beginnings or awareness are possible.

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### SOUL MATES/RELATIONSHIPS:

Oh these little rejections how they add up quickly  
One small sideways look and I feel so un-good.  
Somewhere along the way, I think I gave you the power to  
Make me feel the way I thought, only my father could.

Oh these little rejections how they seem so real to me.  
One forgotten birthday, I'm all but cooked.  
How these little abandonment's seem to sting so easily  
I'm 13 again, am I 13 for good?

I can feel so unsexy for someone so beautiful,  
So unloved for someone so fine.  
I can feel so boring for someone so interesting,  
So ignorant for someone of sound mind.

Oh these little protections how they fail to serve me  
One forgotten phone call and I'm deflated  
Oh these little defenses how they fail to comfort me  
Your hand pulling away... and I'm devastated.

"So Unsexy" - Alanis Morissette

Throughout our childhood we experience many events and situations with our parents, how we are raised and nurtured by their rules, moral codes, ethics and teachings most of which they learned from their parents who learned them from their parents. Over generations of time, the same behavior and child rearing techniques are utilized without question as to why or if they work and more importantly if they cause harm. As a result of our upbringing, children learn to behave in ways to please their parents even if those behaviors run counter to their true feelings, wants, needs and desires. Children born into abusive, unloving or homes in which their needs were not met or didn't feel they were met may learn to dismiss

their needs as wrong or not good. The mindset is, "I must be bad or not good if Mommy or Daddy treat me in a way that doesn't feel right to me"...or I am not deserving of feeling good about myself because there is something inherently wrong with me. Children are so egocentric that they feel everything is "about them". When a child's basic needs are not met, the child may devise defense mechanisms to protect the fragile ego and to allow the self to feel safe and secure.

Defense mechanisms protect us from being consciously aware of a thought or feeling which we cannot tolerate. The defense only allows the unconscious thought or feeling to be expressed indirectly in a disguised form. They are also used to 1) to minimize anxiety 2) protect the ego and 3) maintain repression. Repression serves to maintain a comfort level for an inordinate amount of time. It allows us to maintain some level of calm and balance in our lives when our unresolved child of origin memories from our past is triggered by events in our environment by an event or person. Defenses may also hide any of a variety of thoughts or feelings ie: anger, fear, sadness, depression, greed, envy, competitiveness, love, passion, admiration, criticalness, dependency, selfishness, grandiosity, helplessness etc.

Here are some of the disguises or faces our defense mechanisms can take that hinder our growth and ability to form lasting relationships:

"28 Defense Mechanisms" by Professor Vera Michener

1. Rationalization, saying something is good when it's really not and finds excuses for it.
2. Transference, taking a negative emotion about one person and displacing it onto some other person and then treating that person as though they are the one you had the negative emotion about in the first place.
3. Aggression, trying to dominate some one by force or coercion and being their conscience or parent figure. Do as I say or else.
4. Identifying, similar to aggression, being the person's conscience and trying to manipulate them into doing what you say. A more subtle form of imposing will on some one. More like getting them to identify with you and then volunteer to do it.
5. Reversal, turning a negative thing into a positive. Making lemonade out of lemons.
6. Repression, amnesia of bad memories and events like they never happened in the first place.
7. Narcissism, Self love, self power indestructibility, autonomy, the person can do no wrong and all negative traits are projected and superimposed onto others. No one exists except for this person.
8. Isolation, Emotions are disconnected from thoughts or deeds, or vice versa. Doing something distasteful and it doesn't bother the person because the emotions are disconnected from the deed.
9. Ego Restriction, discontinuing a relationship with some one when they do something that puts them into a better category, not associating with some one any more because they got something or did something.
10. Avoidance; is not carrying out a preconceived course of action.
11. Fantasy, pretending a situation is other than it is, either for GOOD OR BAD.

12. Wish fulfillment, "One day I'll show them all" .
13. Projection, taking one's own faults and failing to recognize them, yet seeing them in another, whether that other has those faults or not.
14. Overreacting, turning a small event into a major catastrophe, making a mountain out of a molehill (Daniel and the jeans?)
15. Undoing, ambivalence, acting mean or teasing some one that you really like, so that if they reject you, you can tell yourself that that is the reason.
16. Regression, acting as a child or something much younger than your own self.
17. Sublimation; turning your tragic flaws into your job. A sadist becoming a dentist so he can get paid to inflict pain, some one with an authority hang up becoming a cop (or a teacher) so that they get paid to boss others around.
18. Compulsion, continuing actions that are necessary in order to avoid having to think about or do something else.
19. Codependence, needing some one and fearing that if they reject you your world will fall apart.
20. Autonomy, being the best not needing any one and always presuming and believing you are right, this drive to be right.
21. Gratification, indulging the self so as to make oneself feel positive by these things....this leads to addictions, drinking, eating, gambling, shopping, sex.
22. Passive aggression. Agreeing to some one's face then turning around and doing one's own thing even if it's the opposite.
23. Passivity, Doing whatever one is told without thinking or questioning. Being submissive unquestioningly to the control of another.
24. Substitution, Pretending one has a desirable need instead of a less desirable one, almost like sublimation and rationalization, having the need to be a workaholic but pretending to ones self and others that it's just about needing to meet a deadline. That would be an example. Pretending one is hypoglycemic and then scarping down a cake, when all the person wanted was that cake to begin with.
25. Control, the use of threats, tantrums, manipulations, withdrawal of affection, withdrawal of approval in order to make every one tow the line. Wanting to force outcomes. This is similar to aggression, except with aggression there is verbal or physical violence.
26. Self Preservation. Unreasonable pampering of oneself on the grounds that something bad may happen to that person. It's the beginning stages of panic disorder.
27. Phobia, fear of something, which is not really based in truth but which substitutes for a fear a person can't face.
28. Negation. Asserting something repeatedly that it's not true when the person knows darn well it's true: "methinks the lady doth protest too much".

Although defense mechanisms serve a purpose, it is best that we do not "consciously" rely on them for any length of time and rather utilize the comfort they provide us on a temporary basis only. As adults, we have the ability to transform our child "scripts" since we tend to attract what we need from others as a mirror to serve our personal growth.

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## NEWSLETTERS/OTHER/DATA REQUEST:

Thank you to all the people who have written in through the soul mate website recently and sharing your birth data and stories with me. If anyone else has experienced a relationship with Borderline Personality and can provide birth data for a loved one or friend with Borderline Personality Disorder (BPD), or PTSD - Post Traumatic Stress Disorder names are not necessary and data will be held confidential, please e-mail me directly with the word BPD in the subject heading of your mail to [FuchsiaStars@aol.com](mailto:FuchsiaStars@aol.com) and I will e-mail you what I need for the research for future lectures on BPD.

I'm also seeking birth data and experiences for children born between 1988-1990. These experiences could involve family issues, health or education crisis. I would also like to know if a child born during this time has received a diagnosis of ADD or ADHD. If so, is this child on medication of any kind. Please tell me the type of diet the child maintains. In the subject heading of your mail to me please type the words "INDIGO KIDS" and I will e-mail you what I need. All information will be held in confidence.

Please join me at the Java Moon Café, in Shrewsbury, NJ from 6-10pm most Wednesdays for Tarot readings.

Also visit Raymond J. Sette's website and subscribe to his free newsletter "Astrology for Tomorrow" at [www.mr-wizard.com](http://www.mr-wizard.com) [Welcome to Mr-Wizard.com](http://Welcome%20to%20Mr-Wizard.com). Ray was kind enough to ask permission to reprint my "Indigo Children" article, revised and updated for his February '04 issue.

Mercury Retrograde Stories are welcome please e-mail to [FuchsiaStars@aol.com](mailto:FuchsiaStars@aol.com) to Lorraine with the words MERCURY RX in the subject heading of your mail.

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Have a wonderful month! Thank you so much for subscribing. I hope to see you again next month for the 21st Issue of Lunar Notes will appear in your e-mail the 1<sup>st</sup> week of March. If anyone would like a copy of past Issues of Lunar Notes or would like to subscribe a

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Love,  
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